

EMERGENCY CARE PLAN FOR SEVERE NON-FOOD ALLERGIES

Leona Doubek Elementary

Phone: 262-642-6730

Fax: 262-642-6723

Prairie View Elementary

Phone: 262-642-6720

Fax: 262-642-6788

East Troy Middle School

Phone: 262-642-6740

Fax: 262-642-6743

East Troy High School

Phone: 262-642-6760

Fax: 262-642-6776

Last Name: _____ First Name: _____ Date of Birth: _____ M F

Parent's Name: _____ Home #: _____ Cell #: _____

Physician's Name: _____ Phone #: _____ Fax #: _____

Address: _____ City: _____ St: _____ Zip: _____

Date of Last Reaction: _____ Symptoms Seen: _____

Bee/Wasp/Insect Sting Food: _____

Medication: _____ Other: _____

If s/he is exposed to this allergen listed above and show any of the following symptoms:

- Difficulty breathing or wheezing
- Swelling of the lips, tongue, or throat
- Change in voice quality (hoarseness, high pitch, coughing)
- Raised rash (hives) which may progress to areas away from the site of a sting (if caused by bee/wasp sting)

Epinephrine- Inject intramuscularly: Epi-Pen® Epi-Pen Jr® Twinject™ 0.3 mg Twinject™ 0.15 mg

Epinephrine device is kept: with student in office

Antihistamine (list med/dose/route): _____

Other (list med./dose/route): _____

Instructions

- Remove cap and grasp autoinjector firmly in your fist, with the tip pointing down.
- Remove the safety release (gray on EpiPen, green on Twinject).
- Jab autoinjector into outer thigh. (Both of these medications work through clothing.) Hold autoinjector in position for 10 seconds to deliver medication.
- Ensure that medication was delivered properly. EpiPen should "click" when medication is released and display a red window, while an exposed needle on the red tip of the Twinject indicates that the autoinjector has worked properly. If medication was not delivered in the first jab, repeat step 3.
- Massage thigh at the injection site for about 10 seconds.

Emergency Calls

- Call emergency services for help. State that an allergic reaction has been treated and additional epinephrine may be needed. Make a copy of the student's emergency info for emergency personnel. Mark on copy: "Epi-pen given at (time)" or "Epi-pen Jr. given at (time)"
- Treat student for shock until rescue squad arrives:
 - Elevate legs above the level of the heart
 - Keep warm
 - Provide rescue breathing or CPR as needed
- Notify parent/guardian, physician and school district nurse
- If you have a second dose on hand (as with Twinject), get it ready: some reactions require multiple doses of epinephrine. To ready the second dose of Twinject, remove the rounded tip, pull up the blue plastic to remove the syringe, and remove the yellow safety collar. Inject medicine in the outer thigh as above. Be careful to avoid needle pricks when you remove the rounded tip and when you work with the syringe.

Even if parent/guardian cannot be reached, do not hesitate to medicate or take child to medical facility!

Physician's Signature: _____ Date: _____

This student may carry and self-administer this medication.

Parent's Signature: _____ Date: _____